




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>Newsletter Committee, 10am, BR Total Conditioning, 10:30am, CP Movie Matinee, 1pm, LT Knitting Circle, 3pm, AL Evening Social, 4pm, AD Bingo, 6:15pm, CR</p>	<p>2</p> <p>Day Trip, 9:30am, RA, Balboa Park Line Dancing, 9:30am, CP Western Health Home Care, 10am-2pm, MC Bridge, 1pm, AD Wii Bowling, 1pm, CP DVD Series, 3pm, LT Cedars Movie Time, 6:30pm, CGR</p>	<p>3</p> <p>Morning Drive, 10am Total Conditioning, 10:30am, CP Billiards, 1pm, PL Scrabble, 1pm, CR Paradise Valley Wellness Presentation, 2pm, LT Senior/Chair Yoga, 2pm, CP Moments with Chaplain, 7pm, HC</p>	<p>4</p> <p>Coffee Klatch and Special Presentation, 9:15am, AD Western Health Home Care, 10am-2pm, MC Aqua Fitness, 11am, CP Brain Games, 11:15am, CGR Library Committee, 1pm, CR Movie Matinee, 1pm, LT Putting Club, 2:30pm, GC</p>	<p>5</p> <p>Grocery Shopping, 9:30am, RA Wii Bowling, 1pm, CP Knitting Circle, 3pm, AS Evensong, 7pm, HC</p>	<p>6</p> <p>Adventist Service, PV Church, 9:30am, RA Movie Matinee, 1pm, LT</p>
<p>7</p> <p>Local Church Services Excursion to Neurosciences Institute for Chopin Concert 2:15pm Cedars Movie Time, 5pm, CGR</p>	<p>8</p> <p>Activities Committee, 10am, BR Total Conditioning, 10:30am, CP Movie Matinee, 1pm, LT Social Tea, 3pm, CDR Hospitality Committee, 4pm, CR Bingo, 6:15pm, CR</p>	<p>9</p> <p>Day Trip, 9:30am, RA, Fashion Valley Line Dancing, 9:30am, CP Western Health, 10am-2pm, MC Bridge, 1pm, AD Wii Bowling, 1pm, CP DVD Series, 3pm, LT Youth Ensemble Excursion, 6pm Cedars Movie Time, 6:30pm, CGR</p>	<p>10</p> <p>Morning Drive, 10am Total Conditioning, 10:30am, CP Billiards, 1pm, PL Scrabble, 1pm, CR Podiatry Clinic, 1:30pm, MC Senior/Chair Yoga, 2pm, CP Speaker Series, 2:00pm, LT Marco Topete, EDCO Moments with Chaplain, 7pm, HC</p>	<p>11</p> <p>Coffee Klatch 9:30am, AD Western Health Home Care, 10am-2pm, MC Aqua Fitness, 11am, CP Brain Games, 11:15am, CGR Movie Matinee, 1pm, LT Putting Club, 2:30pm, GC</p>	<p>12</p> <p>Grocery Shopping, 9:30am, RA Wii Bowling, 1pm, CP Speaker, SD Historical Society: San Diego, Then and Now, 3pm LT Knitting Circle, 3pm, AS Evensong, 7pm, HC</p>	<p>13</p> <p>Adventist Service, PV Church, 9:30am, RA Movie Matinee, 1pm, LT</p>
<p>14</p> <p>Local Church Services Excursion to San Diego Symphony for Radio Moscow Orchestra Concert, 1:15pm Cedars Movie Time, 5pm, CGR</p>	<p>15</p> <p>Total Conditioning, 10:30am, CP Movie Matinee, 1pm, LT Evening Social, 4pm, AD Bingo, 6:15pm, CR</p>	<p>16</p> <p>Day Trip, 9:30am, RA, Taylor Guitar Tour Line Dancing, 9:30am, CP Western Health, 10am-2pm, MC Bridge, 1pm, AD Wii Bowling, 1pm, CP DVD Series, 3pm, LT Cedars Movie Time, 6:30pm, CGR</p>	<p>17</p> <p>Morning Drive, 10am Total Conditioning, 10:30am, CP Billiards, 1pm, PL Scrabble, 1pm, CR Senior/Chair Yoga, 2pm, CP St. Patrick's Day Social, 4pm, AD Moments with Chaplain, 7pm, HC</p>	<p>18</p> <p>Coffee Klatch, 9:30am, AD Home Care, 10am-2pm, MC Aqua Fitness, 11am, CP Brain Games, 11:15am, CGR Movie Matinee, 1pm, LT Putting Club, 2:30pm, GC Open House, 3-5pm, LT Presentation and Tours</p>	<p>19</p> <p>Grocery Shopping, 9:30am, RA Wii Bowling, 1pm, CP Knitting Circle, 3pm, AS Evensong, 7pm, HC</p>	<p>20</p> <p>Adventist Service, PV Church, 9:30am, RA Movie Matinee, 1pm, LT Catholic Mass, 4:30pm, HC</p>
<p>21</p> <p>Local Church Services Cedars Movie Time, 5pm, CGR</p>	<p>22</p> <p>Total Conditioning, 10:30am, CP Movie Matinee, 1pm, LT Social Tea, 3pm, CDR Bingo, 6:15pm, CR</p>	<p>23</p> <p>Day Trip, 9:30am, RA, Stein Family Farm Line Dancing, 9:30am, CP Western Health, 10am-2pm, MC Bridge, 1pm, AD Wii Bowling, 1pm, CP DVD Series, 3pm, LT Cedars Movie Time, 6:30pm, CGR</p>	<p>24</p> <p>Morning Drive, 10am Total Conditioning, 10:30am, CP Scrabble, 1pm, CR Billiards, 1pm, PL Podiatry Clinic, 1:30pm, MC Senior/Chair Yoga, 2pm, CP Special Events Committee, 4pm, CR Moments with Chaplain, 7pm, HC</p>	<p>25</p> <p>Coffee Klatch, 9:30am, PC Western Health Home Care, 10am-2pm, MC Aqua Fitness, 11am, CP Brain Games, 11:15am, CGR Movie Matinee, 1pm, LT Putting Club, 2:30pm, GC</p>	<p>26</p> <p>Grocery Shopping, 9:30am, RA Wii Bowling, 1pm, CP Drum Circle, 2pm, AD Knitting Circle, 3pm, AS Evensong, 7pm, HC</p>	<p>27</p> <p>Adventist Service, PV Church, 9:30am, RA March Birthday Party, 2:00pm, PC Movie Matinee, 1pm, LT</p>
<p>28</p> <p>Local Church Services Cedars Movie Time, 5pm, CGR</p>	<p>29</p> <p>Total Conditioning, 10:30am, CP Movie Matinee, 1pm, LT Bingo, 6:15pm, CR</p>	<p>30</p> <p>Day Trip, 11:00am, RA Thom Ham's Lighthouse Lunch Line Dancing, 9:30am, CP Western Health Home Care, 10am-2pm, MC Bridge, 1pm, AD Wii Bowling, 1pm, CP DVD Series, 3pm, LT Cedars Movie Time, 6:30pm, CGR</p>	<p>31</p> <p>Morning Drive, 10am Total Conditioning, 10:30am, CP Scrabble, 1pm, CR Billiards, 1pm, PL Podiatry Clinic, 1:30pm, MC Senior/Chair Yoga, 2pm, CP Moments with Chaplain, 7pm, HC</p>	<p>Transportation to Medical Appointments:</p> <p>Tuesdays 1pm-5pm Wednesdays 1pm-5pm</p> <p>Call 495-1506 to reserve time</p>	<p>Room Listings AD—Activity Deck (2nd Floor) AS—Art Studio BR—Board Room CCR—Cedars Community Room (3rd Floor) CDR—Cedars Dining Room CGR—Cedars Game Room (2nd Floor)</p>	<p>CP—Club Paradise Fitness Center CR—Community Room HC—Heritage Chapel LT—Liberty Hall MC—Medical Center PC—Palm Court Restaurant PL—Plaza Second Floor RA—Reception Area</p>