

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



**February 2012**  
**Paradise Village Retirement Community**  
**2700 E. 4<sup>th</sup> Street, National City CA. 91950**

<p><b>5</b>        8:40 United Methodist Bus (Pick up front of Pn &amp; Mg Bldg.)        10:30 BINGO w/ Jenny (CCR)        11:00 Catholic Mass (HC)        1:00 Arts &amp; Crafts w/ Jenny (AS)        3:00 Super Bowl Buffet (PC)        3:30 Super Bowl Game (BR) "Giants VS. Patriots"        6:30 Sunday Cinema (LH)        2012 Oscar Nominated: "The Help"</p>	<p><b>6</b>        9:30 Scenic Drive (RA) "Point Loma"        10:00 Total Body Condition (CP)        11:00 Sit &amp; Get Fit (CP)        2:00 Book Club Meets (L)        3:00 Afternoon Social (CDR) "Sylvia &amp; Salvador"        6:00 Arthritis Aqua Class (CP)        6:15 BINGO w/ Jenny (AD)</p>	<p><b>7</b>        10:00 Water Walkers (CP)        10:00 Line Dancing (CP)        1:00 Bridge Club (Pn 5<sup>th</sup> Fl.)        1:30 Co-ed Wii Bowling (TL)        2:00 Quilting Class with Gladys Michaels (AS)        3:00 Jeffery Smith: Songs of Duke Ellington &amp; Billy Strayhorn (LH)        6:00 Aqua Fitness Class (CP)        6:30 Tuesday Cinema (LH) "The Color Purple"</p>	<p><b>8</b>        10:00 Total Body Condition (CP)        10:00 UC San Diego Celebrates Black History Month Outing        11:00 Sit &amp; Get Fit (CP)        2:00 TAI CHI (CP)        2:00 Casnasta (Mg 5<sup>th</sup> Fl.)        4:00 Resident Ambassador Meeting (BR)        6:00 Arthritis Aqua Class (CP)        7:00 Inter-Faith Bible Study (Heritage Chapel)</p>	<p><b>9</b>        10:00 Water Walkers (CP)        10:30 Quilting Class with Gladys Michaels (AS)        11:00 Balance &amp; Stabilize (CP)        1:30 Resident Council Mtg. (LH)        3:00 Putting Green Club (TCA)        6:30 Mexican Train Dominoes (AD)        Council Meeting (BR)        Groundhog Day</p>	<p><b>10</b>        9:00 Terra Nova Shopping (RA)        10:00 Water Walkers (CP)        10:00 Pilot Land Arthritis Workout with Candy (CP)        1:30 Co-ed Wii Bowling (TL)        2:00 Drum Circle (CCR)        2:30 Pinochle Club (AD)        3:00 Knitting with Dolores (AD)        7:00 Inter-Faith Vespers (HC)</p>	<p><b>11</b>        9:00 Successful Aging Expo Outing        10:15 P. Valley Adventist Worship (Call Concierge for Pick up)        2:00 Chocolate Chip Cookie Social (A)        2:00 Project Love: Making Dolls (Cedars Community Room)        3:00 Saturday Matinee (LH)        4:00 4 Ever Young Music Concert (LH)</p>
<p><b>12</b>        8:40 United Methodist Bus (Pick up front of Pn &amp; Mg Bldg.)        10:30 BINGO w/ Jenny (CCR)        11:00 Catholic Mass (HC)        1:00 Arts &amp; Crafts w/ Jenny (AS)        2:00 Chocolate Covered Strawberry Social (A)        6:30 Sunday Cinema (LH)        2012 Oscar Nominated: "Moneyball"</p>	<p><b>13</b>        9:30 Scenic Drive (RA) "Downtown"        10:00 Total Body Condition (CP)        11:00 Sit &amp; Get Fit (CP)        1:00 National City Public Library        3:00 Afternoon Social (A) "Paul Gregg on Piano"        4:00 Celebrity Chef Marc Anthony Vegetarian Cooking (CR &amp; AD)        6:00 Arthritis Aqua Class (CP)        6:15 BINGO w/ Jenny (AD)</p>	<p><b>14</b>        10:00 Water Walkers (CP)        1:00 Bridge Club (Pn 5<sup>th</sup> Fl.)        1:30 Co-ed Wii Bowling (TL)        2:00 Quilting Class with Gladys Michaels (AS)        3:00 Be Our Valentine        "Show &amp; Dinner" Entertainment by: Rhinestone Grannies (LH)        4:00 Valentine Dinner (PC)        6:00 Aqua Fitness Class (CP)        6:30 Tuesday Cinema (LH) Valentine's Day</p>	<p><b>15</b>        10:00 Total Body Condition (CP)        10:30 400 Years without a Comb Museum Outing (Celebrating Black History Month)        11:00 Sit &amp; Get Fit (CP)        2:00 TAI CHI (CP)        6:00 Arthritis Aqua Class (CP)        7:00 Inter-Faith Bible Study (Heritage Chapel)</p>	<p><b>16</b>        10:00 Water Walkers (CP)        10:30 Quilting Class with Gladys Michaels (AS)        11:00 Balance &amp; Stabilize (CP)        1:30 Co-ed Wii Bowling (TL)        3:00 Putting Green Club (TCA)        6:30 Mexican Train Dominoes (AD)</p>	<p><b>17</b>        9:00 Eastlake Super Wal-Mart        10:00 Water Walkers (CP)        11:00 Land-Based Arthritis Workout (CP)        1:00 North Island Commissary        1:30 Co-ed Wii Bowling (TL)        2:30 Pinochle Club (AD)        3:00 Afternoon Social with The Paragon Band (A)        7:00 Chaplain's Choice Film (LH)</p>	<p><b>18</b>        9:30 P. Village Walking Club "Seaport Village" (RA)        10:15 P. Valley Adventist Worship (Call Concierge for Pick up)        12:30 Ms. Senior San Diego Pageant / Balboa Park Senior Center        2:00 Project Love: Making Dolls (Cedars Community Room)        3:00 Black Story Tellers Present: "Black Women in History" (LH)</p>
<p><b>19</b>        8:40 United Methodist Bus (Pick up front of Pn &amp; Mg Bldg.)        10:30 BINGO w/ Jenny (CCR)        11:00 Catholic Mass (HC)        1:00 Scrapbook 101 w/ Jenny (AS)        2:00 Kings Cake Social (A)        3:00 Common Ground Theater Presents: Poetry Readings of Phillis Wheatley (LH)        6:30 Sunday Cinema (LH)        2012 Oscar Nominated: "The Tree of Life"</p>	<p><b>20</b>        9:30 Scenic Drive (RA) "Alpine"        10:00 Total Body Condition (CP)        11:00 Sit &amp; Get Fit (CP)        1:00 National City Super Wal-Mart        3:00 Afternoon Social (CDR) "Rick Smitzer on Piano"        6:00 Arthritis Aqua Class (CP)        6:15 BINGO w/ Jenny (AD)        Presidents' Day (US)</p>	<p><b>21</b>        10:00 Water Walkers (CP)        10:00 Line Dancing (CP)        11:00 Mardi Gras Buffet (PC)        11:30 Bayou Brothers Perform (A)        1:00 Bridge Club (Pn 5<sup>th</sup> Fl.)        1:30 Co-ed Wii Bowling (TL)        2:00 Quilting Class with Gladys Michaels (AS)        6:00 Aqua Fitness Class (CP)        6:30 Tuesday Cinema (LH) "Glory"        Mardi Gras</p>	<p><b>22</b>        10:00 Total Body Condition (CP)        11:00 Sit &amp; Get Fit (CP)        11:00 Lunch at Lotus Café in Hillcrest Outing        2:00 TAI CHI (CP)        2:00 Living well with Parkinsons (BR)        6:00 Arthritis Aqua Class (CP)        7:00 Inter-Faith Bible Study (Heritage Chapel)</p>	<p><b>23</b>        10:00 Water Walkers (CP)        10:00 Jeff Lutz Lecture Presents: "The Great Singers" (BR)        10:30 Quilting Class with Gladys Michaels (AS)        11:00 Balance &amp; Stabilize (CP)        1:30 Co-ed Wii Bowling (TL)        3:00 Putting Green Club (TCA)        4:00 New Resident Welcome Happy Hour (AD)        6:30 Mexican Train Dominoes (AD)</p>	<p><b>24</b>        9:00 Eastlake Shopping (RA)        10:00 Water Walkers (CP)        10:00 Land-Based Arthritis Workout (CP)        1:30 Co-ed Wii Bowling (TL)        2:00 Drum Circle (CCR)        2:30 Pinochle Club (AD)        3:00 Knitting with Dolores (AD)        6:30 Inter-Faith Vespers (CDR)</p>	<p><b>25</b>        9:30 P. Village Walking Club "Mission Bay" (RA)        10:15 P. Valley Adventist Worship (Call Concierge for Pick up)        2:00 Mardi Gras Cup Cake Social (A)        2:00 Project Love: Making Dolls (Cedars Dining Room)        3:00 Saturday Matinee (LH)</p>
<p><b>26</b>        8:40 United Methodist Bus (Pick up front of Pn &amp; Mg Bldg.)        10:30 BINGO w/ Jenny (CCR)        11:00 Catholic Mass (HC)        1:00 Card Crafts w/ Jenny (AS)        2:00 February Birthday Party (A)        7:00 Jazz Concert: Trombonist &amp; CBS Weatherman Dave Scott (LH)</p>	<p><b>27</b>        9:30 Scenic Drive (RA) "Santee"        10:00 Total Body Condition (CP)        11:00 Sit &amp; Get Fit (CP)        1:00 99 Cent Store Outing        3:00 Afternoon Social (A) "Island Sound"        6:00 Arthritis Aqua Class (CP)        6:15 BINGO w/ Jenny (AD)</p>	<p><b>28</b>        10:00 Water Walkers (CP)        10:00 Line Dancing (CP)        1:00 Bridge Club (Pn 5<sup>th</sup> Fl.)        1:30 Co-ed Wii Bowling (TL)        2:00 Quilting Class with Gladys Michaels (AS)        2:00 Rabbi Michael Samuel (CPD)        6:00 Aqua Fitness Class (CP)        6:30 Tuesday Cinema (LH) "Amistad"</p>	<p><b>29</b>        10:00 Total Body Condition (CP)        10:00 Viejas Outlet Mall Outing        11:00 Sit &amp; Get Fit (CP)        2:00 TAI CHI (CP)        6:00 Arthritis Aqua Class (CP)        7:00 Inter-Faith Bible Study (Heritage Chapel)</p>	 <p><b>Plaza</b>  <b>Calendar</b></p>		

A - Appetites (Plaza 1<sup>st</sup> Fl.) AD - Activity Deck (Plaza 2<sup>nd</sup> Fl.) AS - Art Studio (Plaza 2<sup>nd</sup> Fl.) CP - Club Paradise (Plaza 1<sup>st</sup> Fl.) CR - Community Room (Plaza 2<sup>nd</sup> Fl.) HC - Heritage Chapel (Plaza 2<sup>nd</sup> Fl.) LH - Liberty Hall (Plaza 2<sup>nd</sup> Fl.) TCA - Tennis Court Area BR - Board Room (2<sup>nd</sup> Fl.) MC - Medical Center (Plaza 2<sup>nd</sup> Fl.) RA - Reception Area (Plaza 1<sup>st</sup> Fl.) TL - TV Lounge (Plaza 2<sup>nd</sup> Fl.) CCR - Cedars Community Room (3<sup>rd</sup> Fl.) CDR - Cedars Dining Room (1<sup>st</sup> Fl.) CPD - Cedars Private Dining Room (2<sup>nd</sup> Fl.) CGR - Cedars Game Room (2<sup>nd</sup> Fl.) PC - Palm Court Restaurant