

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2018

Vitality Programs are Subject to Change.



8:10 Chula Vista Methodist Bus (Pick up at Pn./Mg. & Cedars) 2 9:30 Mission Valley Methodist Bus (Pick up at Pn./Mg. & Cedars) 10:00 Eastlake Church Service (HC) 11:00 Catholic Mass w/ Fr. Niru (LH) 1:00 Council Corner Store (Plaza 2 Fl) 2:00 The Touring Vineyard Opera Co. Presents: Hansel & Gretel (LH) 2:00 Asian Mah Jong (Mg. 5 th Fl.) 4:00 Walking Club (RA) 6:00 Hanukkah Service (Plaza) 7:00 Left, Center, Right Game (AD) 7:00 Sunday Cinema (LH)	8:30 Res. Council Chat Table (A) 3 11:00 Bible Study (Wi./Pa. 1 st Fl.) 12:00 Friends of Bill W. Mtg. (L) 1:00 Bridge Club (Pn. 5 th Fl.) 1:00 Council Corner Store (Plaza 2 Fl) 2:00 World News w/ Rick Levine (BR) 2:30 Shopping: Vons Bonita Rd. (RA) 3:00 BINGO with Mayra (AD) 6:00 St. Mark's UMC Carillon Handbell Ringers Concert (LH) 6:00 Hanukkah Service (Plaza) 7:00 Resident Poker (Wi. 4 th Fl.) <i>First Day of Hanukkah</i>	10:00 Arts & Artists (CR) 4 10:00 Tech Support (L) 1:00 Canasta (Wi./Pa. 1 st Fl.) 1:00 Council Corner Store (Plaza 2 Fl) 1:00 Bridge Club (Pn. 5 th Fl.) 1:30 Hollywood Canasta (Pn. 3 rd Fl.) 2:00 Quilting & Sewing (AS) 2:00 Asian Mah Jong (Mg. 5 th Fl.) 2:30 Resident Council Chat Table (A) 3:00 UCSD Parkinson's Support (CR) 4:00 Alzheimer's Support (Parkview) 6:00 Hanukkah Service (Plaza) 6:30 Dartball League (CP)	10:30 New Resident Orientation (PC) 5 11:30 Bead Crafts with Gaye (AS) 1:00 Bridge Club (Pn. 5 th Fl.) 1:00 Council Corner Store (Plaza 2 Fl) 2:45 American Mah Jong (Pn. 4 th Fl.) 3:00 Afternoon Matinee (LH) 3:00 Travel Club Meeting (BR) 4:00 BINGO w/ Angelica (AD) 6:00 Hanukkah Service (Plaza) 6:00 Grief Support Group (HC) "Surviving the Holidays" 7:00 Bunco (Pn. 3 rd Fl.) 7:00 Armchair Astronomy Lecture "Earth's Moon: Novelties" (LH)	1:00 Bridge Club (Pn. 5 th Fl.) 6 1:00 Council Corner Store (Plaza 2 Fl) 1:30 Hollywood Canasta (Pn. 3 rd Fl.) 2:30 Innovative Theater Presents: "Disorder in the Court" 3:00 Mexican Train Dominoes (CR) 3:00 Putting Green Club (TCA) 4:00 Winter Wonderland Craft Fair (Plaza 1 st & 2 nd Fl.) 6:00 Hanukkah Service (Plaza) 7:00 Shuffleboard Bowling (GA) 7:00 Armchair Astronomy Lecture "Comets: Disintegrating & Exploding" (LH)	9:00 Shopping: Wal-Mart H St. (RA) 7 9:00 Winter Wonderland Craft Fair (Plaza 1 st and 2 nd Fl.) 1:00 Doctor Visits with Dr. Gil (RC) <i>*by appointment only.</i> 1:00 Bridge Club (Pn. 5 th Fl.) 1:00 Council Corner Store (Plaza 2 Fl) 1:30 Shopping: 99 Cent Store (RA) 2:00 Pinochle Club (Pn. 2 nd Fl.) 2:00 PV Dog Club (Dog Park) 3:00 Nifty Knitters (AS) 4:00 BINGO (AD) 6:00 Hanukkah Service (Plaza) 7:00 SD Choral Society Concert (LH)	9:00 Walking Club: Shelter Isle (RA) 8 9:00 Worship (Cedars Lounge) 9:30 Stretch w/ Maile (CP) 10:00 Dresses for Africa (AS) 10:20 Adventist Worship at P. Valley (Call Receptionist for Pick up.) 10:30 Gift Wrapping w/ CV High (AD) 1:00 Bridge Club (Pn. 5 th Fl.) 2:00 Chicken Wing Social/Trivia (A) 2:00 American Mah Jong (Pn. 4 th Fl.) 3:00 Saturday Documentary (LH) 6:00 Hanukkah Service (Plaza) 6:00 Lighthouse Christian Academy Holiday Concert (LH) 6:30 Dartball League (CP)
8:10 Chula Vista Methodist Bus (Pick up at Pn./Mg. & Cedars) 9 9:30 Mission Valley Methodist Bus (Pick up at Pn./Mg. & Cedars) 10:00 Jewish War Veterans Mtg. (BR) 10:00 Eastlake Church Service (HC) 10:30 Catholic Confession (RC) 11:00 Catholic Mass w/ Fr. Burt (LH) 1:00 Council Corner Store (Plaza 2 Fl) 2:00 Mindoro Piano Recital (LH) 2:00 Asian Mah Jong (Mg. 5 th Fl.) 4:00 Walking Club (RA) 6:00 Hanukkah Service (Plaza) 7:00 Left, Center, Right Game (AD) 7:00 Sunday Cinema (LH)	8:30 Res. Council Chat Table (A) 10 11:00 Bible Study (Wi./Pa. 1 st Fl.) 11:45 The Java Band Holiday Music (A) 12:00 Friends of Bill W. Mtg. (L) 1:00 Bridge Club (Pn. 5 th Fl.) 1:00 Council Corner Store (Plaza 2 Fl) 1:00 Shopping: Plaza Bonita Mall (RA) 3:00 BINGO with Angelica (AD) 5:30 Holiday Lights Tour (RA) "Christmas Card Lane" 7:00 Resident Poker (Wi. 4 th Fl.)	10:00 Arts & Artists (CR) 11 10:00 Tech Support (L) 11:00 Dr. Jean Blaser Presents: (LH) Julia Grant, The General's Wife 1:00 Canasta (Wi./Pa. 1 st Fl.) 1:00 Council Corner Store (Plaza 2 Fl) 1:00 Bridge Club (Pn. 5 th Fl.) 1:30 Hollywood Canasta (Pn. 3 rd Fl.) 2:00 Quilting & Sewing (AS) 2:00 Asian Mah Jong (Mg. 5 th Fl.) 2:30 Resident Council Chat Table (A) 6:00 Sun Harbor Chorus Holiday Concert (LH) 6:30 Dartball League (CP)	11:30 Bead Crafts with Gaye (AS) 12 1:00 Bridge Club (Pn. 5 th Fl.) 1:00 Council Corner Store (Plaza 2 Fl) 2:45 American Mah Jong (Pn. 4 th Fl.) 3:00 Resident Ben Taylor on Piano "The Nutcracker Suite" (LH) 4:00 BINGO w/ Angelica (AD) 7:00 Bunco (Pn. 3 rd Fl.) 7:00 BYOB Social (Wi./Pa. 1 st Fl.)	1:00 Bridge Club (Pn. 5 th Fl.) 13 1:00 Council Corner Store (Plaza 2 Fl) 1:30 Resident Council Meeting (LH) 2:30 BYOB Happy Hour (AD) 2:30 Hollywood Canasta (Pn. 3 rd Fl.) 2:30 NO Innovative Theater (LH) 3:00 Mexican Train Dominoes (CR) 3:00 Putting Green Club (TCA) 7:00 Shuffleboard Bowling (GA)	9:30 North Island Commissary (RA) 14 1:00 Bridge Club (Pn. 5 th Fl.) 1:00 Council Corner Store (Plaza 2 Fl) 1:30 Shopping: Gateway (RA) 2:00 Pinochle Club (Pn. 2 nd Fl.) 3:00 Nifty Knitters (AS) 4:00 BINGO (AD) 6:00 Jewish Shabbat Service with Morris Lazard (HC) 6:00 SD Academy Walking Nativity (LH, Special Res./Family Showing)	9:00 Walking Club: Balboa Park (RA) 15 9:00 Worship (Cedars Lounge) 9:15 Messiah Parable/Cat Morris (BR) 9:30 Stretch w/ Maile (CP) 10:20 Adventist Worship at P. Valley (Call Receptionist for Pick up.) 1:00 Bridge Club (Pn. 5 th Fl.) 2:00 Corn Dog Social (A) 2:00 American Mah Jong (Pn. 4 th Fl.) 4:00 SD Academy Walking Nativity (Liberty Hall) 6:30 SD Academy Walking Nativity (Liberty Hall) 6:30 Dartball League (CP)
8:30 Chula Vista Methodist Bus (Pick up at Pn./Mg. & Cedars) 16 9:30 Mission Valley Methodist Bus (Pick up at Pn./Mg. & Cedars) 10:00 Eastlake Church Service (HC) 11:00 Catholic Mass w/ Fr. Niru (LH) 1:00 Council Corner Store (Plaza 2 Fl) 2:00 Asian Mah Jong (Mg. 5 th Fl.) 2:00 Holiday Cupcake Social (A) 3:30 California Note Catchers Holiday Program (LH) 4:00 Walking Club (RA) 7:00 Left, Center, Right Game (AD) 7:00 Sunday Cinema (LH)	8:30 Res. Council Chat Table (A) 17 11:00 Bible Study (Wi./Pa. 1 st Fl.) 12:00 Friends of Bill W. Mtg. (L) 1:00 Bridge Club (Pn. 5 th Fl.) 1:00 Council Corner Store (Plaza 2 Fl) 1:00 Shopping at Costco/Sprouts (RA) 2:00 World News w/ Rick Levine (BR) 3:00 BINGO with Mayra (AD) 5:30 Holiday Lights Tour (RA) "Christmas Card Lane" 6:30 Perpetual Music Flute & Piano Holiday Concert (LH) 7:00 Resident Poker (Wi. 4 th Fl.)	10:00 Arts & Artists (CR) 18 10:00 Tech Support (L) 1:00 Script-in-Hand Players Christmas Program (LH) 1:00 Canasta (Wi./Pa. 1 st Fl.) 1:00 Council Corner Store (Plaza 2 Fl) 1:00 Bridge Club (Pn. 5 th Fl.) 1:30 Hollywood Canasta (Pn. 3 rd Fl.) 2:00 Quilting & Sewing (AS) 2:00 Asian Mah Jong (Mg. 5 th Fl.) 2:30 Resident Council Chat Table (A) 4:00 PV Res. & Family Holiday Gala (AD and PC) 6:30 Dartball League (CP)	11:30 Bead Crafts with Gaye (AS) 19 1:00 Bridge Club (Pn. 5 th Fl.) 1:00 Council Corner Store (Plaza 2 Fl) 2:45 American Mah Jong (Pn. 4 th Fl.) 3:00 Afternoon Matinee (LH) 4:00 BINGO w/ Angelica (AD) 7:00 Bunco (Pn. 3 rd Fl.) 7:00 BYOB Social (Wi./Pa. 1 st Fl.) 7:00 San Diego Film Forum with Ralph DeLauro (LH)	1:00 Bridge Club (Pn. 5 th Fl.) 20 1:00 Council Corner Store (Plaza 2 Fl) 1:30 Hollywood Canasta (Pn. 3 rd Fl.) 2:00 Resident Ambassador Mtg. (BR) 2:00 VIP Paints Class (AS) "Only 10 per class/sign up at RA" 2:30 NO Innovative Theater (LH) 3:00 Mexican Train Dominoes (CR) 3:00 Putting Green Club (TCA) 7:00 Shuffleboard Bowling (GA)	9:00 Eastlake Shopping: Target, CVS, Vons, Lowes, Kohls, Trader Joe's 21 1:00 Doctor Visits with Dr. Gil (RC) <i>*by appointment only.</i> 1:00 Bridge Club (Pn. 5 th Fl.) 1:00 Council Corner Store (Plaza 2 Fl) 1:30 Shopping: Terra Nova (RA) 2:00 Pinochle Club (Pn. 2 nd Fl.) 3:00 December B-day Party (A) "Blue Zone Band" Performs 4:00 BINGO (AD) 7:00 Resident Poker (Wi. 4 th Fl.) 7:00 Blue Christmas Service (HC) <i>Winter Begins</i>	9:00 Walking Club: Coronado (RA) 22 9:00 Worship (Cedars Lounge) 9:15 Messiah Parables (BR) w/ "Cat" Morris 9:30 Stretch w/ Maile (CP) 10:20 Adventist Worship at P. Valley (Call Receptionist for Pick up.) 1:00 Bridge Club (Pn. 5 th Fl.) 2:00 Ice Cream Cone Social/Trivia (A) 3:00 Saturday Documentary (LH) 6:30 Dartball League (CP)
8:30 Chula Vista Methodist Bus (Pick up at Pn./Mg. & Cedars) 23 9:30 Mission Valley Methodist Bus (Pick up at Pn./Mg. & Cedars) 10:00 Eastlake Church Service (HC) 11:00 Catholic Mass w/ Fr. Burt (LH) 1:00 Council Corner Store (Plaza 2 Fl) 2:00 Asian Mah Jong (Mg. 5 th Fl.) 2:00 Cedars Holiday Talent Show (LH) 4:00 Walking Club (RA) 7:00 Left, Center, Right Game (AD) 7:00 City Guard Band Holiday Concert (LH)	8:30 Res. Council Chat Table (A) 24 9:00 National City Wal-Mart (RA) 10:00 Eastlake Christmas Eve Ser. (AD) 11:00 Bible Study (Wi./Pa. 1 st Fl.) 12:00 Friends of Bill W. Mtg. (L) 1:00 Bridge Club (Pn. 5 th Fl.) 1:00 Council Corner Store (Plaza 2 Fl) 3:00 BINGO with Angelica (AD) 7:00 Resident Poker (Wi. 4 th Fl.)	25 "Merry Christmas" "NO Vitality Programs Today" 1:00 Council Corner Store (Plaza 2 nd Floor Near AD Will Be Open.) Christmas Day	10:00 A-1 Hearing Clinic (RC) 26 11:30 Bead Crafts with Gaye (AS) 1:00 Bridge Club (Pn. 5 th Fl.) 1:00 Council Corner Store (Plaza 2 Fl) 2:45 American Mah Jong (Pn. 4 th Fl.) 3:00 Afternoon Matinee (LH) 4:00 BINGO w/ Angelica (AD) 7:00 Bunco (Pn. 3 rd Fl.) 7:00 BYOB Social (Wi./Pa. 1 st Fl.) Kwanzaa Begins	1:00 Bridge Club (Pn. 5 th Fl.) 27 1:00 Council Corner Store (Plaza 2 Fl) 1:30 Hollywood Canasta (Pn. 3 rd Fl.) 2:30 NO Innovative Theater (LH) 3:00 Mexican Train Dominoes (CR) 3:00 Putting Green Club (TCA) 7:00 Shuffleboard Bowling (GA)	9:00 Shopping at Bay Plaza: Big Lots, JoAnn's, Smart & Final (RA) 28 1:00 Bridge Club (Pn. 5 th Fl.) 1:00 Council Corner Store (Plaza 2 Fl) 1:30 North Island Commissary (RA) 2:00 Pinochle Club (Pn. 2 nd Fl.) 3:00 Nifty Knitters (AS) 4:00 BINGO (AD) 7:00 Resident Poker (Wi. 4 th Fl.)	9:00 NO Walking Club 29 9:00 Worship (Cedars Lounge) 9:15 Messiah Parables (BR) w/ "Cat" Morris 9:30 Stretch w/ Maile (CP) 10:20 Adventist Worship at P. Valley (Call Receptionist for Pick up.) 1:00 Bridge Club (Pn. 5 th Fl.) 2:00 Cupcake Social/Trivia (A) 3:00 Saturday Documentary (LH) 6:30 Dartball League (CP)
8:30 Chula Vista Methodist Bus (Pick up at Pn./Mg. & Cedars) 30 9:30 Mission Valley Methodist Bus (Pick up at Pn./Mg. & Cedars) 10:00 Eastlake Church Service (HC) 11:00 Catholic Mass w/ Fr. John (LH) 1:00 Council Corner Store (Plaza 2 Fl) 2:00 Asian Mah Jong (Mg. 5 th Fl.) 2:00 Ice Cream Social/Trivia (A) 4:00 Walking Club (RA) 7:00 Left, Center, Right Game (AD) 7:00 Sunday Cinema (LH)	8:30 Res. Council Chat Table (A) 31 9:00 Shopping: Ralphs & CVS (RA) 11:00 Bible Study (Wi./Pa. 1 st Fl.) 12:00 Friends of Bill W. Mtg. (L) 1:00 Bridge Club (Pn. 5 th Fl.) 1:00 Council Corner Store (Plaza 2 Fl) 3:00 BINGO with Mayra (AD) 6:30 New Year's Eve Party with WE5 Jazz Band (AD) 7:00 Resident Poker (Wi. 4 th Fl.) New Year's Eve	<h1>Plaza Vitality Calendar</h1> <p>Paradise Village 2700 E. 4th St. National City, CA. 91950 (619) 475-5040</p>				

A – Appetites (1st Fl.) AD – Activity Deck (2nd Fl.) AS – Art Studio (2nd Fl.) CP – Club Paradise (1st Fl.) CR – Community Room (2nd Fl.) HC – Heritage Chapel (2nd Fl.) LH – Liberty Hall (2nd Fl.) TCA – Tennis Court Area BR – Board Room (2nd Fl.) L – Library (2nd Fl.) RA – Reception Area (1st Fl.) GA – Game Area (2nd Fl.) PC – Palm Court Restaurant (1st Fl.) RC – Resident Center (2nd Fl.) PN – Pines (5th Fl.) MG – Magnolia (5th Fl.) Wi/Pa – Willows/Palms (1st Fl.) PCP – Palm Court Patio (1st Fl.) RCFE#374602869

