

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# September 2018

## 2<sup>nd</sup> Floor Vitality Calendar

										8:30 Welcome Weekend- GR 9:00 Daily Chronicles- GR 9:30 Saturday Fitness- GR 10:00 Bacon Craft GR 11:00 History of Bacon- GR 12:30 Dick Van Dyke Show- VT 1:00 Writing Workshop- GR 2:30 What's Cooking?- GR 3:00 Board Games & More -GR 4:00 Dinning Room Conversation 5:00 Evening Stroll 6:00 Saturday Night Movie <b>International Bacon Day</b>	1		
8:30 News & Views- GR 9:00 Morning Stroll 9:30 Sunday Fitness- MS 10:00 Sunday Floor Games- GR 11:00 Senior Trivia- GR 12:30 Puzzles & More- GR 1:00 Writing Workshop- GR 2:00 Nail Care & More- GR 3:00 Snack Time Social- GR 5:00 After Dinner Stroll 6:00 Sunday Night Classic- VT	2	8:30 Morning Stroll 9:00 News & Views- GR 9:30 Monday Fitness- GR 10:00 Let's Build A Skyscraper- GR 12:30 Dick Van Dyke- VT 1:00 History of the Skyscraper- GR 2:00 Scrabble & More- GR 3:00 Puzzles & More- GR 4:00 Afternoon Reminiscing-GR 5:00 Evening Wind Down 6:00 Monday Night Comedy- VT Skyscraper Day	3	8:30 News & View- GR 9:15 Scenic Drive- Coronado 10:00 Art's & Crafts-GR 12:30 Puzzles & More- GR 1:00 Poker Hour- GR 2:30 Chair Dancing w/ Barbara- GR 3:00 Puzzles & More- GR 3:30 Daily Chronicles- GR 4:00 Afternoon Stroll 5:00 Leisure Hour 6:00 Romantic Comedy- VT	4	8:30 Daily Chronicles- GR 9:00 Morning Gathering-GR 9:30 Wednesday Fitness- GR 10:00 BINGO- GR 11:00 Senior Trivia- GR 12:30 Reminiscing & More-GR 1:00 Writing Workshop-GR 2:00 Nail Care-GR 3:00 Table Games & More-GR 5:00 After Dinner Stroll 6:00 Carol Burnett Theater-VT	5	8:30 News & Views- GR 9:00 Morning Gathering- GR 9:30 Thursday Fitness-GR 10:00 Art for all Ages-GR 11:00 Ball Toss Name Game- GR 12:30 Strength Training- GR 1:00 What Would You Do?-GR 2:00Floor Games - GR 3:00 Board Game Social- GR 5:00 After Dinner Stroll 6:00 Doris Day Theater- VT	6	8:30 Morning Gathering- GR 9:00 Planet Earth- VT 9:30 Parachute Game- GR 10:00 Table Games & More- GR 11:00 Friday Fitness- GR 12:30 Massage Time- GR 1:00 Jewelry Making- GR 2:30 Coffee & Cookie Social- GR 3:00 Puzzles & More- GR 4:00 Afternoon Stroll 6:00 Planet Earth Theater-VT	7	8:30 Welcome Weekend- GR 9:00 Daily Chronicles- GR 9:30 Saturday Fitness- GR 10:00 Saturday Crafts- GR 11:00 Senior Trivia- GR 12:30 Scenic Drive- Silver Strand 1:00 Massage Time- GR 2:00 Table Games & More 3:00 New Resident Social -GR 4:00 Dinning Room Conversation 5:00 Evening Stroll 6:00 Saturday Night Movie- VT	8
8:30 News & Views- GR 9:00 Morning Stroll 9:30 Sunday Fitness- MS 10:00 Sunday Floor Games- GR 11:00 Share and Tell- GR 12:30 Puzzles & More- GR 1:00 Writing Workshop- GR 2:00 Nail Care & More- GR 3:00 Snack Time Social- GR 5:00 After Dinner Stroll 6:00 Sunday Night Classic- VT Grandparents Day	9	8:30 Morning Stroll 9:00 News & Views- GR 9:30 Monday Fitness- GR 10:00 Music W/ Raymond- GR 12:30 Dick Van Dyke- VT 1:00 Card Games- GR 2:00 Scrabble & More- GR 3:00 Puzzles & More- GR 4:00 Afternoon Reminiscing-GR 5:00 Evening Wind Down 6:00 Monday Night Comedy- VT	10	8:30 News & View- GR 9:15 Scenic Drive- Lake Murray 10:00 Charger Band-GR 12:30 Puzzles & More- GR 1:00 Poker Hour- GR 2:30 Scrap-Booking- GR 3:00 Ping Pong Challenge- GR 3:30 Daily Chronicles- GR 4:00 Afternoon Stroll 5:00 Leisure Hour 6:00 Romantic Comedy- VT	11	8:30 Daily Chronicles- GR 9:00 Morning Gathering-GR 9:30 Wednesday Fitness- GR 10:00 Parachute Game- GR 11:00 Senior Trivia- GR 12:30 Reminiscing & More-GR 1:00 Nail Care & More-GR 2:30 What's Cooking?- GR 3:00 Table Games & More-GR 5:00 After Dinner Stroll 6:00 Carol Burnett Theater-VT	12	8:30 News & Views- GR 9:00 Morning Gathering- GR 9:30 Thursday Fitness-GR 10:00 History Program-GR 11:00 Ball Toss Name Game- GR 12:30 Strength Training- GR 1:00 Nut Trivia-GR 2:00Peanuts in the Hat- GR 3:00 Board Game Social- GR 5:00 After Dinner Stroll 6:00 Doris Day Theater- VT National Peanut Day	13	8:30 Morning Gathering- GR 9:00 Planet Earth- VT 9:30 What Would You Do?- GR 10:00 BINGO-GR 11:00Friday Fitness - GR 12:30 Massage Time- GR 1:00 Jewelry Making- GR 2:30 Birthday Social- GR 3:00 Puzzles & More- GR 4:00 Afternoon Stroll 6:00 Planet Earth Theater-VT	14	8:30 Welcome Weekend- GR 9:00 Daily Chronicles- GR 9:30 Saturday Fitness- GR 10:00 Sing-Along- VT 11:00 Ball Toss - GR 12:30 Scenic Drive- Old Town 1:00 Writing Workshop- GR 2:00 Snack Time Social- GR 3:00 Finish the Line -GR 4:00 Dinning Room Conversation 5:00 Evening Stroll 6:00 Saturday Night Movie- VT	15
8:30 News & Views- GR 9:00 Morning Stroll 9:30 Sunday Fitness- MS 10:00 Sunday Floor Games- GR 11:00 Senior Trivia- GR 12:30 Puzzles & More- GR 1:00 Writing Workshop- GR 2:00 Nail Care & More- GR 3:00 Snack Time Social- GR 5:00 After Dinner Stroll 6:00 Sunday Night Classic- VT	16	8:30 Morning Stroll 9:00 News & Views- GR 9:30 Monday Fitness- GR 10:00 Arts & Crafts- GR 12:30 Dick Van Dyke- VT 1:00 How Mexico gained it's Independence- GR 2:30 Mexican Independence Day Celebration- GR 3:00 Puzzles & More- GR 4:00 Afternoon Reminiscing-GR 5:00 Evening Wind Down 6:00 Monday Night Comedy- VT Mexican Independence Day Celebration	17	8:30 News & View- GR 9:15 Scenic Drive- Balboa Park 10:00 Art's & Crafts-GR 12:30 Puzzles & More- GR 1:00 Poker Hour- GR 2:30 Chair Dancing w/ Barbara- GR 3:00 Massage Time- GR 3:30 Daily Chronicles- GR 4:00 Afternoon Stroll 5:00 Leisure Hour 6:00 Romantic Comedy- VT	18	8:30 Daily Chronicles- GR 9:00 Morning Gathering-GR 9:30 Wednesday Fitness- GR 10:00 BINGO- GR 11:00 Senior Trivia- GR 12:30 Reminiscing & More-GR 1:00 Writing Workshop-GR 2:00 Nail Care-GR 3:00 Table Games & More-GR 5:00 After Dinner Stroll 6:00 Carol Burnett Theater-VT	19	8:30 News & Views- GR 9:00 Morning Gathering- GR 9:30 Thursday Fitness-GR 10:00Jewelry Making -GR 11:00 Ball Toss Name Game- GR 12:30 Strength Training- GR 1:00 What Would You Do?-GR 2:30 What's Cooking?- GR 3:00 Board Game Social- GR 5:00 After Dinner Stroll 6:00 Doris Day Theater- VT	20	8:30 Morning Gathering- GR 9:00 Planet Earth- VT 9:30 News & Views - GR 10:00 Table Games & More- GR 11:00 Friday Fitness- GR 12:30 Oktoberfest Celebration- CY 1:00 Massage Time- GR 2:30 Jewelry Making- GR 3:00 Puzzles & More- GR 4:00 Afternoon Stroll 6:00 Planet Earth Theater-VT Oktoberfest Begins	21	8:30 Welcome Weekend- GR 9:00 Daily Chronicles- GR 9:30 Saturday Fitness- GR 10:00 Writing Workshop- GR 11:00 Puzzles & More- GR 12:30 Scenic Drive- USS Midway 1:00 Dick Van Dyke - VT 2:00 Jewelry Making- GR 3:00 What Would You Do? -GR 4:00 Dinning Room Conversation 5:00 Evening Stroll 6:00 Saturday Night Movie- VT	22
8:30 News & Views- GR 9:00 Morning Stroll 9:30 Sunday Fitness- MS 10:00 Sunday Floor Games- GR 11:00 Senior Trivia- GR 12:30 Puzzles & More- GR 1:00 Writing Workshop- GR 2:00 Nail Care & More- GR 3:00 Snack Time Social- GR 5:00 After Dinner Stroll 6:00 Sunday Night Classic- VT	23	8:30 Morning Stroll 9:00 News & Views- GR 9:30 Monday Fitness- GR 10:00 Sing- Along- VT 12:30 Dick Van Dyke- VT 1:00 Card Games- GR 2:00 Scrabble & More- GR 3:00 Puzzles & More- GR 4:00 Afternoon Reminiscing-GR 5:00 Evening Wind Down 6:00 Monday Night Comedy- VT	24	8:30 News & View- GR 9:15 Scenic Drive- J Street 10:00 Art's & Crafts-GR 12:30 Puzzles & More- GR 1:00 Poker Hour- GR 2:30 Jewelry Making- GR 3:00 Table Games & More- GR 3:30 Daily Chronicles- GR 4:00 Afternoon Stroll 5:00 Leisure Hour 6:00 Romantic Comedy- VT	25	8:30 Daily Chronicles- GR 9:00 Morning Gathering-GR 9:30 Wednesday Fitness- GR 10:00 Parachute Game- GR 11:00 Senior Trivia- GR 12:30 Reminiscing & More-GR 1:00 Nail Care & More-GR 2:30 What's Cooking?- GR 3:00 Table Games & More-GR 5:00 After Dinner Stroll 6:00 Carol Burnett Theater-VT	26	8:30 News & Views- GR 9:00 Morning Gathering- GR 9:30 Thursday Fitness-GR 10:00Music by Blue Zone -GR 11:00 Story of Johnny Appleseed- GR 12:30 Strength Training- GR 1:00 Nail Care & More- GR 2:00 Floor Games-GR 3:00 Board Game Social- GR 5:00 After Dinner Stroll 6:00 Doris Day Theater- VT Johnny Appleseed Day	27	8:30 Morning Gathering- GR 9:00 Planet Earth- VT 9:30 Puzzles & More-GR 10:00 Sing-Along- VT 11:00 Friday Fitness- GR 12:30 Massage Time- GR 1:00 Jewelry Making- GR 2:30 Afternoon Snack Social- GR 3:00 Puzzles & More- GR 4:00 Dinning Room Conversation 5:00 Evening Stroll 6:00 Planet Earth Theater-VT	28	8:30 Welcome Weekend- GR 9:00 Daily Chronicles- GR 9:30 Saturday Fitness- GR 10:00 Table Games & More- GR 11:00 Joke Telling- GR 12:30 Scenic Drive- Point Loma 1:00 Puzzles & More- GR 2:00 Resident Council- GR 3:00 Afternoon Documentary-VT 4:00 Dinning Room Conversation 5:00 Evening Stroll 6:00 Saturday Night Movie- VT	29
8:30 News & Views- GR 9:00 Morning Stroll 9:30 Sunday Fitness- MS 10:00 Sunday Floor Games- GR 11:00 Senior Trivia- GR 12:30 Puzzles & More- GR 1:00 Writing Workshop- GR 2:00 Nail Care & More- GR 3:00 Snack Time Social- GR 5:00 After Dinner Stroll 6:00 Sunday Night Classic- VT	30												