



PARADISE VILLAGE INSIDER

www.liveatparadise.com • National City, CA • 1 (866) 907-0998

Sept/Oct/Nov 2018

Earn \$3000 When You Refer Your Friends to Paradise Village!

What are the reasons you love your home here at Paradise Village? Is it the great social opportunities? Maybe it's the wonderful dining options? Or spending the day shopping with friends, or our convenient transportation? Could it be the great apartment choices?

Or perhaps you really look forward to a dip in our beautiful, Olympic-sized pool after one of the many fantastic exercise classes offered in Club Paradise?



Whatever the reasons are, think about all the friends you have who would love to call Paradise Village home for the same reasons. Now imagine enjoying all those great things with those friends each day!

When you refer a friend to Paradise Village, you are giving them a gift. And after they are



Bill Lawson, Senior Executive Director

Hello and welcome to fall at Paradise Village. We survived the installation of solar at Paradise Village and I want to personally thank everyone for their

done thanking you, we'd like to thank you by rewarding you with \$3,000!*

*Some restrictions may apply. Please stop by the Sales and Marketing office today and ask for a referral flyer to learn more. RCFE# 374602869

**Reward Yourself Today
With the Gift of Friendship!**

patience. Please look for the solar monitoring display located near the front desk. We are excited to begin a commitment to sustainability and lead in budgetary and environmental benefits.

It was a hot summer and we made it through. Now we head into the holiday season and I look forward to seeing all of the hustle and bustle that comes with it.



Health Fair

September 12, 2018

10:00 a.m. - 2:00 p.m.

Plaza 1st & 2nd Floor

**Lots of Special Vendors
and Information!**



Holiday Craft Fair

**September 27th, 28th &
October 25th, 26th**

Plaza 1st & 2nd Floor



Plaza Events

9/02 Sizzlin' Seniors Present: Love Boat

9/12 Health Fair

9/14 Script in Hand Players Show

9/15 Touring Vineyard Opera Company Presents: Favorite Opera Arias and More

9/21 Healthier Living W/ Chronic Conditions 6 Week Workshop

9/27 & 28 Fall Craft Fair

10/25 & 26 Holiday Craft Fair

10/30 Sergio Leiva Halloween Concert

10/31 Halloween Talent Show

10/31 Halloween Contest



Summer Semester Graduates From SDSU Senior University at Paradise Village



Fall Semester Starting in September! Look for In-house Flyers for Dates!



Residents dressed in their Roaring '20s costumes!



Enjoying a good meal during the murder mystery dinner.

Musical-Art Class

In this biweekly class that meets on the 2nd and 4th Saturdays at 3:00 p.m., Kevin will perform a few songs on an abstract painted mountain dulcimer and Native American Indian Flute and discuss "Musical-Art." Learn how to get past your fears and allow your inner self to create what comes naturally.

There will be a painting class along with music which will show you how to "let go" and be free of convention as you begin painting from within. A brief history of native and modern art, and their connection with spirituality, will also be discussed. This is a fun, educational and exciting class given by award-winning musician and author Kevin Roth.

Roaring '20s Murder Mystery Dinner Comes to PV!



Are you the Murderer??





Power Down? Nope! We're Powering UP in Club Paradise!
 Here's how these motivated wellness-savvy employees spent their "quiet time" during the August solar transfer.



Fall Ideas



3 Things You Need to Know

Whether you shop at a farmers' market or grocery store, here are a few tips for buying fall produce:

1) Sweet potatoes. Smaller is better. Large sweet potatoes will have less flavor and fewer nutrients.

2) Brussels sprouts. Look for small, firm sprouts with bright green heads. Smaller heads will have a sweeter taste. Sprouts sold on the stem are likely freshest.

3) Winter squash. Choose squash that are heavy for their size and still have the stem attached. The skin should have a matte finish, not shiny.



Tara Long smiling through her workout!



Amilcar Marrima entertained everyone working out while the electric was off!



Chris Snyder, Assisted Living Culinary Director



Pedro Espinoza giving his legs a good workout!



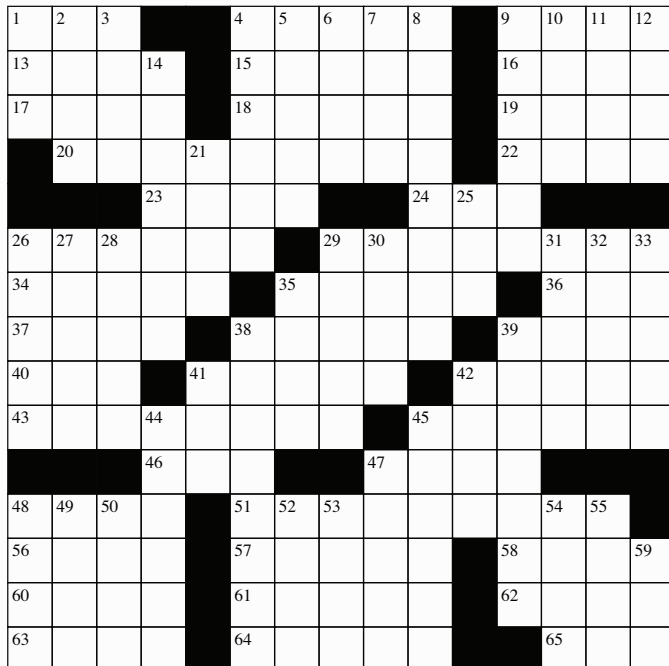
PARADISE VILLAGE INSIDER

2700 East Fourth Street
National City, CA 91950



John Q. Public
or Current Resident
12345 Sample Address
City, ST 00000

Crossword Puzzle



ACROSS

1. ___ up; misbehave
4. Plant pest
9. Borders
13. Smelting refuse
15. Ordinary language
16. Correct another's manuscript
17. Father
18. Rings
19. Apportion
20. Confuses
22. Mare fare
23. Manner
24. Gobble up
26. Breaks a commandment
29. Was amazed
34. Signs of things to come
35. Social division
36. Tumor: suff.
37. Let
38. Trails
39. Run
40. Have ___ at; attempt
41. One of Disney's Dwarfs
42. Mediterranean cruise ship's stop
43. Mourned
45. Long-legged birds
46. Battery size
47. Paper fastener
48. Can't keep up

DOWN

1. Attackers
56. "Wanna make ___?"
57. Loyal servant
58. Force out
60. Four and five
61. ___ in; join
62. Suffix for old or game
63. Hunter's prey
64. Theater necessities
65. Animal's home
1. Cleo's downfall
2. Show approval
3. First aid kit item
4. Healthy snacks
5. Overuse the mirror
6. Prank
7. Man, for one
8. Meal courses
9. Channel changer
10. Creative notion
11. Sporting goods store purchase
12. Genevieve and Clotilde: abbr.
14. Dress
21. Prune centers
25. Address abbr.
26. Reddish color
27. Zee's counterpart
28. 1 Down's weapon
29. Paired

30. Wan
31. Italian-born actress
32. Ham it up
33. Social events
35. Headland
38. Drinks
39. Merchants
41. Chromosome material, for short
42. Rugged rock
44. Special Sunday
45. Bass holders
47. Narrow-minded one
48. Ground
49. Rose's lover, in play
50. ___ Kelly
52. Feminine one, in Ulm
53. Antitoxins
54. Goes bad
55. Cooking fat
59. Endeavor

