

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

9:30 Mission Valley Methodist Bus (Call 619-993-4675 for pickup.) 9:30 Eastlake Church Service (LH) 10:00 U.S. Sand Sculpting/3D Art Expo 11:00 Catholic Mass w/ Fr. Niru (LH) 1:00 Council Corner Store (Plaza 2 Fl.) 2:00 Asian Mah Jong (Mg. 5th Fl.) 2:00 Ice Cream Social (A) 3:00 Belly Dance Lessons (CP) 3:30 Cedars Worship (CCR 3rd Fl.) 4:00 Walking Club (RA) 6:30 Left, Right, Center Game (AD) 7:00 Sunday Cinema (LH)

8:30 Resident Council Chat Table (A) 9:30 Gateway: Aldi's, Walmart, Hobby Lobby, Smart & Final (RA) 11:00 Bible Study (Wi./Pa. 1st Fl.) 11:00 Labor Day Buffet (PC) 12:00 Alcoholics Anonymous Mtg. (L) 1:00 Council Corner Store (Plaza 2 Fl.) 1:00 Bridge (Pn. 5th Fl. Parlor) 2:00 World News w/ Rick Levine (BR) 3:00 BINGO (AD) 6:30 BYOB Social: Double Take (AD) 7:00 Resident Poker (Wi. 4th Fl.)

10:00 Arts & Artists (CR) 10:00 Tech Support (L) 10:00 Methodist Women's Bible Study (Board Room) 10:00 Pool Play (Wi./Pa. 1st Fl. Parlor) 1:00 Canasta (Wi./Pa. 1st Fl. Parlor) 1:00 Council Corner Store (Plaza 2 Fl.) 1:30 Hollywood Canasta (Pn. 3rd Fl.) 2:00 Quilting & Sewing (AS) 2:00 Asian Mah Jong (Mg. 5th Fl.) 2:30 Resident Council Chat Table (A) 6:30 Dartball (CP)

10:30 New Resident Orientation (BR) 11:30 Bead Crafts with Gaye (AS) 1:00 Council Corner Store (Plaza 2 Fl.) 1:00 Bridge (Pn. 5th Floor Parlor) 3:00 Afternoon Matinee (LH) 4:00 BINGO (AD) 6:30 Dartball (CP)

10:00 Pool Play (Wi./Pa. 1st Fl. Parlor) 1:00 Council Corner Store (Plaza 2 Fl.) 1:30 Hollywood Canasta (Pn. 3rd Fl.) 2:00 Finger Spelling-Signs w/ Angie (Magnolia 3rd Floor Parlor) 2:30 Innovative Theater Rehearsal (Liberty Hall) 3:00 Mexican Train Dominoes (CR) 3:00 Putting Green Club (TCA) 6:30 Shuffleboard Bowling (GA) 7:00 Armchair Astronomy Lecture: "Magellan: Clouds, Channels, & Cruise" (LH)

9:00 National City Walmart (RA) 10:00 Senior Education Series (AD) 1:00 Council Corner Store (Plaza 2 Fl.) 1:00 Bridge (Pn. 5th Floor Parlor) 1:30 Plaza Bonita Target (RA) 2:00 Pinochle (Pn. 2nd Floor Parlor) 2:00 PV Dog Club (Heritage Dog Park) 3:00 Nifty Knitters (AS) 4:00 BINGO (AD) 7:00 Resident Poker (Willows 4th Floor Parlor)

9:00 Walking Club: Bayside Park (RA) 9:00 Sat. Worship (Cedars Lounge) 9:15 Messiah Parables w/ "Cat" Morris (BR) 9:30 Stretch w/ Maile (CP) 10:20 Adventist Worship at P. Valley (Call Receptionist for pick up.) 1:00 Bridge (Pn. 5th Floor Parlor) 1:00 Council Corner Store (Plaza 2 Fl.) 2:00 Chicken Wing Social (A) 3:00 Saturday Documentary (LH) 6:30 Dartball (CP)

9:30 Mission Valley Methodist Bus (Call 619-993-4675 for pick up.) 9:30 Eastlake Church Service (LH) 10:00 Jewish War Veterans Mtg. (BR) 10:30 Catholic Confession: Burt (LH) 11:00 Catholic Mass w/ Fr. Burt (LH) 1:00 Council Corner Store (Plaza 2 Fl.) 2:00 Asian Mah Jong (Mg. 5th Fl.) 2:00 Cedars Talent Show (LH) 4:00 Walking Club (RA) 6:30 Left, Right, Center Game (AD) 7:00 Sunday Cinema (LH)

8:00 FREE Eye Screening w/ California Retina Associates (RRC) 8:30 Resident Council Chat Table (A) 11:00 Bible Study (Wi./Pa. 1st Fl.) 12:00 Alcoholics Anonymous Mtg. (L) 1:00 Council Corner Store (Plaza 2 Fl.) 1:00 Bridge (Pn. 5th Fl. Parlor) 1:00 Shopping at Costco (RA) 3:00 BINGO (AD) 4:00 Dinner Outing at Old Spaghetti Factory (RA) 6:30 BYOB Social (AD) "Flavor Company Dance" 7:00 Resident Poker (Wi. 4th Fl.)

10:00 Arts & Artists (CR) 10:00 Tech Support (L) 10:00 Pool Play (Wi./Pa. 1st Fl. Parlor) 1:00 Canasta (Wi./Pa. 1st Fl. Parlor) 1:00 Council Corner Store (Plaza 2 Fl.) 1:30 Hollywood Canasta (Pn. 3rd Fl.) 1:30 Grief Support Group (L) 2:00 Quilting & Sewing (AS) 2:00 Asian Mah Jong (Mg. 5th Fl.) 2:30 Resident Council Chat Table (A) 6:30 Dartball (CP) 7:00 Sun Harbor Chorus Concert (LH)

11:30 Bead Crafts with Gaye (AS) 1:00 Council Corner Store (Plaza 2 Fl.) 1:00 Bridge (Pn. 5th Fl. Parlor) 2:00 Write Your Memoirs (AS) 3:00 Afternoon Matinee (LH) 4:00 BINGO (AD) 6:30 Dartball (CP) 7:00 Armchair Astronomy Lecture "In the Beginning: When Did it Start" (LH)

10:00 Pool Play (Wi./Pa. 1st Fl. Parlor) 10:00 MJ Tours Cannabis Shuttle (RA) 1:30 Resident Council Meeting (LH) 2:30 Afternoon Social (AD) Sponsored by Cool Bits 2:30 Innovative Theater Rehearsal (Liberty Hall) 2:30 Hollywood Canasta (Pn. 3rd Fl.) 3:00 Mexican Train Dominoes (CR) 3:00 Putting Green Club (TCA) 6:30 National City Neighborhood Council Meeting (BR) 6:30 Shuffleboard Bowling (GA)

9:30 North Island Commissary (RA) 1:00 Council Corner Store (Plaza 2 Fl.) 1:00 Bridge (Pn. 5th Fl. Parlor) 1:00 UCSD Lecture: Sleep Better Feel Better: How Sleep Affects our Mental & Physical Health (LH) 1:30 Walmart H St. Chula Vista (RA) 2:00 Pinochle (Pn. 2nd Floor Parlor) 3:00 Nifty Knitters (AS) 4:00 BINGO (AD) 7:00 Resident Poker (Wi. 4th Fl. Parlor) 7:00 Jewish Shabbat Ser.: Barnes (HC) 7:00 Inspirational Movie (LH)

9:00 Walking Club: Mission Bay (RA) 9:00 Sat. Worship (Cedars Lounge) 9:15 Messiah Parables w/ "Cat" Morris (CR) 9:30 Stretch w/ Maile (CP) 10:00 Dresses for Africa (A) 10:20 Adventist Worship at P. Valley (Call Receptionist for pick up.) 1:00 Bridge (Pn. 5th Floor Parlor) 1:00 Council Corner Store (Plaza 2 Fl.) 2:00 Nachos Social (A) 3:00 Jonestown Survivor/Adventist Forum (LH) 6:30 Darball (CP)

9:30 Mission Valley Methodist Bus (Call 619-993-4675 for pick up.) 9:30 Eastlake Church Service (LH) 10:00 Deer Park Vintage Wine & Car Museum Outing (RA) 11:00 Catholic Mass w/ Fr. Niru (LH) 1:00 Council Corner Store (Plaza 2 Fl.) 2:00 Asian Mah Jong (Mg. 5th Fl.) 2:00 Ice Cream Cone Social (A) 4:00 Walking Club (RA) 6:30 Left, Right, Center Game (AD) 7:00 Sunday Cinema (LH)

8:30 Resident Council Chat Table (A) 11:00 Lunch at IB Forum (RA) 11:00 Bible Study (Wi./Pa. 1st Fl.) 12:00 Alcoholics Anonymous Mtg. (L) 1:00 Council Corner Store (Plaza 2 Fl.) 1:00 Bridge (Pn. 5th Fl. Parlor) 2:00 Shopping at Vallarta (RA) 3:00 BINGO (AD) 6:30 BYOB Social (AD) "Sundance Band" 7:00 Resident Poker (Wi. 4th Fl.)

10:00 Arts & Artists (CR) 10:00 Tech Support (L) 10:00 Pool Play (Wi./Pa. 1st Fl. Parlor) 11:00 Jean Blaser Lecture: First Lady Florence Harding (AD) 1:00 Canasta (Wi./Pa. 1st Fl. Parlor) 1:30 Hollywood Canasta (Pn. 3rd Fl.) 1:30 Grief Support Group (L) 1:30 National City Library (RA) 2:00 Quilting & Sewing (AS) 2:00 Asian Mah Jong (Mg. 5th Fl.) 2:30 Resident Council Chat Table (A) 6:30 Dartball (CP)

11:30 Bead Crafts with Gaye (AS) 1:00 Council Corner Store (Plaza 2 Fl.) 1:00 Bridge (Pn. 5th Fl. Parlor) 1:00 SDSU Senior University Lecture: Foreign Policy, Issues Now (LH) 3:00 Afternoon Matinee (LH) 4:00 BINGO (AD) 6:30 Dartball (CP) 7:00 BYOB Social (Willows/Palms 1st Floor Parlor) 7:00 San Diego Film Forum with Ralph DeLauro (LH)

10:00 Pool Play (Wi./Pa. 1st Fl. Parlor) 10:00 Resident Ambassador Mtg. (BR) 1:00 Council Corner Store (Plaza 2 Fl.) 1:30 Hollywood Canasta (Pn. 3rd Fl.) 2:00 VIP Paints Class (AS) 2:00 Finger Spelling-Signs w/ Angie (Magnolia 3rd Floor Parlor) 2:30 Innovative Theater Rehearsal (Liberty Hall) 3:00 Mexican Train Dominoes (CR) 3:00 Putting Green Club (TCA) 6:00 Res. Council Casino Night Staff Appreciation Fundraiser (AD)

9:00 Eastlake: Vons, Target, CVS, Trader Joe's & Sprouts (RA) 1:00 Council Corner Store (Plaza 2 Fl.) 1:00 Bridge (Pn. 5th Fl. Parlor) 1:30 Bay Plaza: Big Lots, JoAnn's & Seafood City (RA) 2:00 Pinochle (Pn. 2nd Floor Parlor) 3:00 September Birthday Party (A) "Blue Zone Band" Performs 4:00 BINGO (AD) 7:00 Resident Poker (Wi. 4th Fl. Parlor)

9:00 Walking Club: Tideland Park 9:00 Sat. Worship (Cedars Lounge) 9:15 Messiah Parables w/ "Cat" Morris (BR) 9:30 Stretch w/ Maile (CP) 10:20 Adventist Worship at P. Valley (Call Receptionist for pick up.) 1:00 Bridge (Pn. 5th Floor Parlor) 1:00 Council Corner Store (Plaza 2 Fl.) 1:00 SDSU Senior University: Cross-Cultured Communications (LH) 2:00 Corn Dog Social (A) 3:00 Saturday Documentary (LH) 6:30 Dartball (CP)

9:30 Mission Valley Methodist Bus (Call 619-993-4675 for pick up.) 9:30 Eastlake Church Service (LH) 11:00 Catholic Mass w/ Fr. Burt (LH) 1:00 Council Corner Store (Plaza 2 Fl.) 2:00 Asian Mah Jong (Mg. 5th Fl.) 2:00 Banana Split Social (A) 3:00 Ruth Sax Movie: Holocaust Remembrance (LH) 4:00 Walking Club (RA) 6:30 Left, Right, Center Game (AD) 7:00 Sunday Cinema (LH)

8:30 Resident Council Chat Table (A) 11:00 Bible Study (Wi./Pa. 1st Fl.) 12:00 Alcoholics Anonymous Mtg. (L) 1:00 Council Corner Store (Plaza 2 Fl.) 1:00 Bridge (Pn. 5th Fl. Parlor) 1:00 Shopping at 99 Cent Store (RA) 3:00 BINGO (AD) 4:30 Dinner at Cafe La Maze (RA) 6:30 BYOB Social (AD) "WE3 Jazz Band" 7:00 Resident Poker (Wi. 4th Fl.)

10:00 Arts & Artists (CR) 10:00 Tech Support (L) 10:00 Pool Play (Wi./Pa. 1st Fl. Parlor) 10:00 Resident Council Forum Mtg. (AD) 10:00 MJ Tours Cannabis Shuttle (RA) 1:00 Canasta (Wi./Pa. 1st Fl. Parlor) 1:30 Hollywood Canasta (Pn. 3rd Fl.) 1:30 Grief Support Group (L) 2:00 Resident Council Forum Mtg. (AD) 2:00 Quilting & Sewing (AS) 2:00 Drum Circle w/ Minnie (CP) 2:30 Resident Council Chat Table (A) 4:00 Resident Council Forum Mtg. (AD) 6:30 Dartball (CP)

10:00 A-1 Hearing Clinic (RRC) 10:00 Discussion Group w/ Laura (AD) 11:30 Bead Crafts with Gaye (AS) 1:00 Council Corner Store (Plaza 2 Fl.) 1:00 Bridge (Pn. 5th Fl. Parlor) 1:00 SDSU Senior University Lecture: Red, White & Bard: A Celebration of Shakespeare in America (LH) 3:00 Afternoon Matinee (LH) 4:00 BINGO (AD) 6:30 Dartball (CP)

10:00 Pool Play (Wi./Pa. 1st Fl. Parlor) 10:00 Ladies Friendship Group Meeting (AD) 1:00 Council Corner Store (Plaza 2 Fl.) 1:30 Hollywood Canasta (Pn. 3rd Fl.) 2:30 Innovative Theater Rehearsal (Liberty Hall) 3:00 Mexican Train Dominoes (CR) 3:00 Putting Green Club (TCA) 6:30 Shuffleboard Bowling (GA)

9:00 Terra Nova: Marshalls, CVS, Smart/Final, Bed Bath & Beyond 1:00 Council Corner Store (Plaza 2 Fl.) 1:00 Bridge (Pn. 5th Floor Parlor) 1:30 North Island Commissary (RA) 2:00 Pinochle (Pn. 2nd Floor Parlor) 3:00 Nifty Knitters (AS) 4:00 BINGO (AD) 7:00 Resident Poker (Wi. 4th Fl. Parlor) 7:00 Evening Worship w/ Jim Cartmill (HC)

9:00 Walking Club: Pepper Park 9:00 Sat. Worship (Cedars Lounge) 9:15 Messiah Parables w/ "Cat" Morris (BR) 9:30 Stretch w/ Maile (CP) 10:00 Dresses for Africa (A) 10:20 Adventist Worship at P. Valley (Call Receptionist for pick up.) 1:00 Bridge (Pn. 5th Floor Parlor) 1:00 Council Corner Store (Plaza 2 Fl.) 1:00 SDSU Senior University: Cross-Cultured Communications (LH) 2:00 Cheese Fries Social (A) 3:00 Saturday Documentary (LH) 6:30 Dartball (CP)

9:30 Mission Valley Methodist Bus (Call 619-993-4675 for pick up.) 11:00 Catholic Mass w/ Fr. Masar (LH) 1:00 Council Corner Store (Plaza 2 Fl.) 2:00 Asian Mah Jong (Mg. 5th Fl.) 2:00 Ice Cream Sandwich Social (A) 3:00 Belly Dance Lessons (CP) 4:00 Walking Club (RA) 6:30 Left, Right, Center Game (AD) 7:00 Sunday Cinema (LH)

8:30 Resident Council Chat Table (A) 11:00 Lunch at Phil's BBQ Point Loma 11:00 Bible Study (Wi./Pa. 1st Fl.) 12:00 Alcoholics Anonymous Mtg. (L) 1:00 Council Corner Store (Plaza 2 Fl.) 1:00 Bridge (Pn. 5th Fl. Parlor) 2:30 Shopping at Food 4 Less (RA) 3:00 BINGO (AD) 6:30 BYOB Social (AD) "A Dot and a Dash" Performs 7:00 Resident Poker (Wi. 4th Fl.)



A - Appetites (1st Fl.) AD - Activity Deck (2nd Fl.) AS - Art Studio (2nd Fl.) CP - Club Paradise (1st Fl.) CR - Community Room (2nd Fl.) HC - Heritage Chapel (2nd Fl.) LH - Liberty Hall (2nd Fl.) TCA - Tennis Court Area BR - Board Room (2nd Fl.) L - Library (2nd Fl.) RCFE#374602869 RA - Reception Area (1st Fl.) GA - Game Area (2nd Fl.) PC - Palm Court (1st Fl.) RRC - Resident Resource Center (2nd Fl.) PN - Pines (5th Fl.) MG - Magnolia (5th Fl.) Wi./Pa. - Willows/Palms (1st Fl.) PCP - Palm Court Patio (1st Fl.) CCR - Cedar Community Room (3rd Fl.)